



MAYOR STEVEN M. FULOP
THE JERSEY CITY MUNICIPAL COUNCIL
AND
THE DEPARTMENT OF RECREATION
present



New Jersey City University
John J. Moore Athletic Fitness Center
110 Culver Avenue - Jersey City, NJ

Mondays & Wednesdays - 9:30 am – 12:00 pm
Beginning: January 06, 2014 - Ending: April 30, 2014

Ongoing Registration
Register at your local Senior Facility or call 201-547-5003

Age of Participants - 55 & over

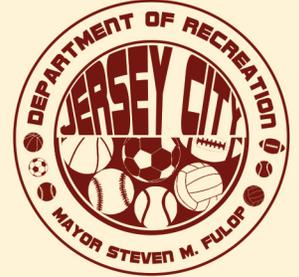
Co-Ed

Join us and walk ... stroll ... swim • Swim / limit 60 per session • First Come -- First Served
Transportation available from several senior sites.

For more information please call 201-547-5003



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PARTICIPATION FORM



Each section and this entire form must be read, completed and signed before the participant is allowed to take part in any recreational programs.

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

DATE OF BIRTH: _____ EMAIL ADDRESS: _____

HOME PHONE #: _____ CELL PHONE #: _____

PERSON TO NOTIFY IN CASE OF EMERGENCY: _____ PHONE#: _____

PERMISSION TO HAVE PHOTO TAKEN: YES NO

PLEASE CHECK PREFERENCE: WALK SWIM BOTH

As determined by my physician, I am in good physical condition and I am not aware of any present or previous disease or injury that would result in my being impaired during my participation with the Jersey City Recreation Senior Power Fitness Program. I empower the staff to exercise reasonable care in the event of an emergency. I hereby agree to abide by the rules and regulations set forth by the Department of Recreation.

SIGNATURE: _____ DATE: _____