

CITY OF JERSEY CITY

JERRAMIAH T. HEALY
MAYOR



CITY HALL
JERSEY CITY, NJ 07302
TEL:(201) 547-5200
FAX:(201) 547-4288

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Contact: Jennifer Morrill
Press Secretary
201-547-4836
201-376-0699

Mayor Jerramiah T. Healy Announces the 20th Annual 5K Run in Memory of Fallen Firefighter Carlos Negrón

JERSEY CITY – Mayor Jerramiah T. Healy, members of the **Municipal Council** and the **Jersey City Fire Department** announce the **20th Annual 5K Carlos Negrón Memorial Run** that will take place at **8 a.m.** on **Sunday, October 7, 2012** at **Liberty State Park**.

“The 5K run helps us to keep the memory of Carlos Negrón alive and honors all the fallen heroes who have made the sacrifice to help save others,” said **Mayor Healy**. “It’s important to honor the men and women of our Police and Fire Departments who put their lives on the line everyday to keep our residents safe.”

The event will begin with registration at 8:00 a.m., followed by the 5K run and the 2 mile Jessica Ryan walk at 9:30 a.m. A **FREE** kiddie dash will take place at 10:30 a.m. followed by an awards ceremony at 10:45 a.m. Individual Awards will be presented to first, second and third place winners.

The memorial run, hosted by **Jersey City Firefighters**, will benefit the **St. Barnabas Burn Foundation**. The course will be on Liberty Walk with views of the Statue of Liberty, New York Harbor, and the Manhattan and Jersey City skylines. All who partake will enjoy free parking, refreshments, and a Carlos Negrón long sleeve t-shirt. There will be restrooms, and post race refreshments available as well.

There will be a **Family Day Picnic** as part of Campy Liberty held after the events at 12:00 pm.

You may register online up till the day of the event at **www.raceforum.com/Negrón** or **JessicaRyan.org**.

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Firefighter Carlos A. Negrón was a lifelong resident of Jersey City, born on January 28, 1946. He was a Vietnam Veteran, serving in the United States Army from 1963 to 1969. **Carlos A. Negrón** was appointed to the Jersey City Fire Department on June 1, 1981 and was assigned to Engine 6. He was a founding member of the Hudson County Hispanic Firefighter's Society, where he also served as vice president

Carlos A. Negrón made the supreme sacrifice by responding to a fire at 411 Palisade Avenue, while off duty on March 20, 1993. Having lived nearby and the fire being not too far from the firehouse, he ran to assist two brother firefighters with the raising of a 35' portable ladder that was being used for rescue and ventilation and while doing so suffered an electrical shock. Every year in Liberty State Park a memorial run is held in his honor.

For more information please call **201-991-9103** or **201-434-4714** or visit **carlosnegrónmemorialrun.com**

All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Jerramiah T. Healy at 201-547-4836 or 201-376-0699.