

CITY OF JERSEY CITY

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MAYOR



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During this Extremely Hot Summer, Chill Out and Have a Blast at any of Jersey City's Cooling Sites for Residents

JERSEY CITY – Mayor Jerramiah T. Healy and the **Jersey City Office of Emergency Management (OEM)** announce sites throughout the city for residents to beat the heat today and tomorrow when temperatures are expected to exceed 90 degrees Fahrenheit (90 °F).

All residents, especially the elderly, disabled people, pregnant women and children under the age of two are encouraged to stay indoors or take advantage of the facilities if necessary.

“We hope to keep all of our residents healthy and cool during this hot summer,” said **Mayor Healy**. “It is not just the heat, but the humidity that can take its toll. We are hoping those Jersey City residents in need of air conditioning will take advantage of the cooling sites we have set up and conserve water wherever possible.”

The following sites will be open to the Jersey City community at large, as well as seniors who don't have access to air conditioning. The locations and time schedule are as follows:

- **Five Corners Library**, 678 Newark Avenue
Hours: Monday, 12Noon-8 PM; Tuesday through Thursday, 10AM-6 PM; Friday, 9AM -5 PM
- **Jersey City Main Library**, 472 Jersey Avenue
Hours: Monday, 9AM – 6PM; Tuesday, 9AM-8PM; Wednesday and Thursday, 9AM – 6PM; Friday, 9AM -5 PM; and Saturday, 10AM – 2PM
- **Pershing Field Community Center**, Summit Avenue and Pershing Plaza
Hours: Monday through Sunday, 8AM – 4PM
- **Pershing Field Pool (indoor)**, Summit Avenue and Pershing Plaza
Hours: Monday through Friday, 7AM – 9PM; Saturday and Sunday, 12Noon – 6PM

(more)

Aside from these stations, residents are welcome to cool off from this summer heat by taking advantage of our **Water Sprinkler Systems** located in City parks, which are **turned on daily from 10 a.m. to 8 p.m.** (weather permitting) at the following locations:

<p>Pershing Field Manhattan Ave. & Central Ave.</p> <p>Audubon Park Audubon Ave. & Kennedy Blvd.</p> <p>Terrace Park Terrace Avenue & Thorne Street</p> <p>Arlington Park Arlington Ave. & Minerva Street</p> <p>Dr. Lena Edwards Park Johnston Avenue & Pine Street</p>	<p>Wilkinson Avenue/Playground Wilkinson Ave. & MLK Drive</p> <p>Thomas McGovern Park Delmar & Sycamore Roads</p> <p>Roberto Clemente Park – Enos Jones 8th Street & Brunswick Street</p> <p>Virginia Avenue Park Virginia Ave. & Bergen Ave.</p> <p>Rev. Ercel Webb/Lafayette Park Lafayette St. & Van Horne St.</p>	<p>LaPointe Park DeKalb Avenue</p> <p>Venator Watson Park Stevens Ave. & Martin Luther King Drive</p> <p>Hamilton Park McWilliams Place</p> <p>Columbia Park Bartholdi Ave. & Kennedy Blvd.</p>
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Throughout the city, there are a slew of aquatic activities for all Jersey City residents to make a splash, cool down, and get some exercise. Below are the sites and schedules for public pools, which for outdoor locations are weather permitting and are subject to change:

<p>P.S. # 6, 100 St. Paul's Ave. Mon. – Fri., 10am - 4pm</p> <p>P.S. # 15, 135 Stegman St. Mon. – Fri., 10am - 4pm</p> <p>P.S. # 16, 96 Sussex St. Mon. – Fri., 10am - 4pm</p> <p>P.S. # 23, 143 Romaine Ave. Mon. – Fri., 10am - 4pm</p> <p>P.S. # 27, 201 North St. Mon. – Fri., 10am - 4pm</p> <p>P.S. # 40, 88 Gates Avenue Mon. – Fri., 10am-8pm Sat. and Sun., 12pm-4pm</p>	<p>P.S. # 41, 59 Wilkinson Ave. Mon. – Fri., 10am-8pm Sat. and Sun., 12pm-4pm</p> <p>Dickinson HS, 2 Palisade Ave. Mon. - Friday, 10am-4pm</p> <p>Ferris HS, 35 Colgate St. Mon. – Fri., 10am-8pm Sat. and Sun., 12pm-4pm</p> <p>Lincoln HS, 60 Crescent Ave. Mon. – Fri., 10am - 4pm</p> <p>Pavonia Pool Pavonia & West Side Aves. Mon. – Fri., 9am-6pm Sat. and Sun., 10am-6pm</p>	<p>Pershing Field Pool, 201 Central Avenue Mon. - Fri., 7am-9pm Sat. and Sun., 12pm-6pm <i>**Entrance Fee/Membership Required per admittance</i></p> <p>Lafayette Pool & Aquatic Center Rev. Ercel Webb/Lafayette Park Johnston Ave. & Van Horne St. Mon. – Fri., 7am-8pm Sat., Sun., & Holidays 10am-7pm Lap swim Mon. – Fri., 7am-9am</p>
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Monday through Friday from 9:00a.m. – 4:30p.m., the following centers are available to senior citizens:

- **The Joseph Connors Senior Center** formerly the “Paterson Street Center” 28 Paterson Street off of Central Avenue
- **The Maureen Collier Community Center** 335 Bergen Avenue between Ege and Virginia Avenues

There are also two community centers open to the public:

- **Mary McLeod Bethune Community Center, 140 Martin Luther King Dr.** open **9 a.m. to 5 p.m.**
- **Pershing Field Community Center, Pershing Field Complex**, corner of Summit and Pershing Field Plaza, open **Monday through Friday, from 9 a.m. to 5 p.m.**

During this Heat Wave, **United Water** is urging residents that effective today customers should voluntarily cut back on their use of water. All users are urged to curtail watering of lawns and if they must do so to restrict watering between the hours of 7:00 p.m. – 10:00 p.m. At the present time, this is a voluntary restriction that may become mandatory as the heat spell continues.

The **Jersey City Office of Emergency Management (OEM)** has issued the following tips for staying cool during this heat wave:

- Remain indoors (preferably in air conditioned space) as much as possible
- Wear lightweight, light colored and loose fitting clothing
- Keep hydrated by consuming plenty of water and natural juices and avoid beverages with alcohol and caffeine which increase dehydration
- Eat light meals
- Refrain from strenuous activities
- Recognize the symptoms of heat disorders

To protect others from heat exhaustion, residents are urged to check on elderly neighbors and those with disabilities. Apply sunscreen with a high SPF content to small children to avoid overexposure to the sun. Never leave children or pets in closed vehicles where temperatures could exceed 190 degrees in less than ten minutes, and provide shade and cool water to pets.

All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Jerramiah T. Healy at 201-547-4836 or 201-376-0699. ///