

Jersey City Senior Affairs operates two Senior Centers in Jersey City: Joseph Connors Center located at 28 Patterson Street in Jersey City Heights and Maureen Collier Senior Center at 335 Bergen Avenue in Greenville. Both centers are open every day from 9:00 a.m. – 4:30 p.m. for seniors 60 years of age and older who live anywhere in Jersey City. Once a senior registers, they can come and go whenever they want. These are both lunch sites as well where a hot lunch is served every day. The only charge at the centers is a suggested donation of \$1.25 per meal if you have lunch.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
JOSEPH CONORS SENIOR CENTER 28 Paterson Street (off Central Avenue) (201) 420-8249			R & B LINE DANCING 1:00 PM - 2:00 PM	BINGO 12:30 PM - 1:30 PM

In addition to a lunch being served every day at 11:30 daily activities include: computers, board games, billiards and cards. Seniors come to socialize and watch television together. They also have Nutrition Education and other presentations throughout the year. In addition they also have weekly activities including:

ZUMBA	1:15 PM - 2:15 PM			
R & B LINE DANCING			1:00 PM - 2:00 PM	
BINGO				12:30 PM - 1:30 PM
TAI CHI			10:00 AM - 11:00 PM	

MAUREN COLLIER SENIOR CENTER
335 Bergen Avenue (@Ege Avenue)
(201) 420-8249

In addition to a lunch being served every day at 12:00, daily activities include: crocheting, billiards, and cards. Seniors come to socialize and watch television together. They also have Nutrition Education and other presentations throughout the year. In addition, they also have weekly activities including:

ZUMBA	10:30 AM - 11:30 AM			TAI CHI 10:00 AM - 11:00 AM
POKENO	1:00 PM - 2:00 PM	1:00 PM - 2:00 PM		BINGO 1:30 PM - 2:30 PM
R & B LINE DANCING			10:00 AM - 11:00 AM	
BINGO				1:30 PM - 2:30 PM
TAI CHI				10:00 AM - 11:00 AM

Jersey City HHS/Senior Affairs also fund classes for senior citizens at locations not managed by the City.

These include:

ZUMBA at Grace Church located at 2nd Street @ Erie

9:00 AM - 10:00 AM

9:00 AM - 10:00 AM

ZUMBA at Golden Door Charger School Auditorium - 3044 Kennedy Blvd.

6:45 PM - 8:00 PM

This is in partnership with PAFCOM

ACCESSIBLE YOGA at Golden Door Charter Schol Auditorium - 3044 Kennedy Blvd.

8:00 PM - 9:00 PM

This is in partnership with PAFCOM

FRIDAY

9:00 AM - 10:00 AM